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Monday, February 18, 2013



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## RAINMEN'S STREAK ENDS

Halifax Rainmen's Quincey Okolie, right, and Saint John Mill Rats' Antonio Burks grab for the ball during NBL game action at the Halifax Metro Centre on Sunday afternoon. Halifax fell 91-89 and saw its three-game winning streak snapped. For more, see page 17. JEFF HARPER/METRO

## Folks, want a day off?

### Provincial petition.

Liberal MLA  
continues her call  
for February holiday



HALEY  
RYAN  
haley.ryan@metronews.ca

As Haligonians head to work Monday, millions of other Canadians will be relaxing with their families enjoying the day off.

The third Monday in February is a statutory holiday for Alberta, Manitoba, Ontario, Saskatchewan and Prince Edward Island, and a Liberal MLA has created a petition for Nova Scotia to join the ranks.

"We only have so many tools that you can use to influence government or to call on them, and having a petition is one of (those)," said Diana Whalen, who represents the riding for Halifax-Clayton Park.

Whalen first introduced legislation for a February holiday to match Family Day in 2005, but the last three premiers have not supported it.

"You run out of things to do," Whalen said Sunday. "I've

### Quoted



"I'd like us to get in  
sync with the rest of  
the country." Diana Whalen

written letters, I've called on various people to support it, and ... we're really hitting a brick wall."

Although Whalen's online petition won't be formally introduced to the legislature, she is referencing it as a measure of public opinion and calling attention to it.

She said the petition was posted the middle of last week and has 452 signatures as of Sunday evening.

"It becomes a health and wellness issue. Winter is long, and people get run down at this time of year," Whalen said about the need for a holiday.

The petition can be found by searching "Nova Scotia February holiday" at Change.org.



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# N.S. pressed to take action on cyberbullying

**Teen suicides.** Task force established in 2011 after two sets of grieving parents blamed online bullying for their daughters' deaths

Almost a year after a cyberbullying task force issued a report with 85 recommendations for the Nova Scotia government, the author of the study says the province has lost its enthusiasm for combatting an insidious problem.

"They're taking it seriously and I appreciate that," said Wayne MacKay, a law profes-

sor at Dalhousie University. "But I ... don't feel that there is as much urgency to deal with some of the recommendations."

In particular, MacKay said he's concerned the province's new anti-bullying co-ordinator, Kathleen Richard, is spending too much time collecting data rather than focusing on finding anti-bullying programs that can be used in schools.

As well, MacKay says he's heard nothing about the province's efforts to implement another key recommendation: adding courses on "digital citizenship" to the curriculum.

"A lot of young people don't have a sense of what's appro-

## Digital citizenship

**"Teachers have the resources to present to their students ... how to be safe on the Internet and how to practise digital hygiene."**

Education Minister Ramona Jennex

priate or inappropriate in online activity," said MacKay.

"Part of what we have to do in a preventive way is to make students more sensitive to the proper use of the Internet and the hugely negative consequences of abusing their power on the Internet."

Education Minister Ramona Jennex insisted in an interview that her department has been working dili-

gently on a plan that will be released soon.

"There's been an awful lot going on ... in schools," she said.

Jennex said Richard has been compiling information on the best anti-bullying programs. And the minister said MacKay's call for a digital citizenship course is already being addressed in the classroom. **THE CANADIAN PRESS**

## The Liberal response

### Proposals

Liberal critic Karen Casey said the province's new regulations are toothless appendages to existing legislation, adding that the NDP government ignored her attempts to add an amendment that would see the province asking Ottawa to add cyberbullying to the Criminal Code. Casey said legislation should be introduced to allow principals to ask Internet providers to suspend service for students caught cyberbullying.

## Kit Kat Pizza. Teens arrested in robbery

Two teens arrested in connection with a robbery at a pizza business in north-end Halifax earlier this month will be appearing in court on Monday.

Police say two 16-year-old boys are facing numerous robbery and weapons charges after they allegedly robbed the Kit Kat Pizza on Gottingen Street at gunpoint.

At the time of the robbery, police said three masked males armed with handguns entered the store and demanded cash.

When the 72-year-old owner refused, one of the males allegedly struck him in the head with the butt of his handgun. Police say after the teens were arrested, officers executed search warrants at two residences. **THE CANADIAN PRESS**



## Baby got scales

People crowd in to get a chance to touch Lady-Chomps-a-Lot, an American alligator that was part of Little Ray's Reptile Zoo that was at Exhibition Park on Sunday. Hundreds of people came out to the zoo over the weekend. **JEFF HARPER/METRO**

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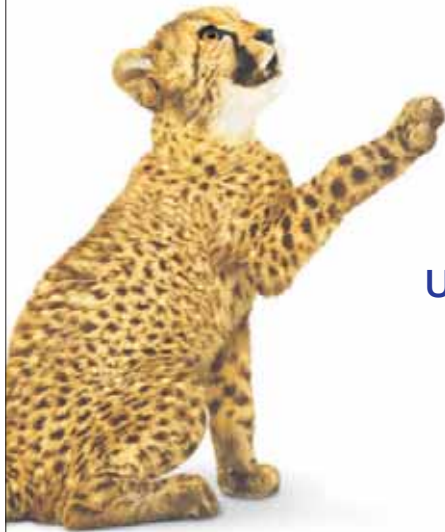
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**Theft, possession**

### Paramedic charged

A Halifax paramedic faces charges of theft and possession of controlled substances after police stopped a car leaving an ambulance base in the city.

Twenty-five-year-old Zachary Dewar of Halifax has been released from custody. **THE CANADIAN PRESS**

**Legendary rockers**

### Rush tickets on sale Saturday

It's official — Rush is playing Halifax.

The legendary Canadian rockers announced they will be performing at the Halifax Metro Centre on July 12 at 8 p.m.

Tickets go on sale Saturday, Feb. 23, at

10 a.m. and cost between \$69.50 and \$124.50.

Tickets will be sold through Ticket Atlantic and available at all of its outlets and at ticketatlantic.com.

Rush is performing in Halifax as part of its Clockwork Angels Tour. It will mark the first time they have played in the city since 1987.

**METRO**



Canadian rockers Rush  
CONTRIBUTED

**Man flees**

### Theft, drunk driving charges

A 26-year-old man is facing numerous charges after allegedly driving a stolen pickup truck while impaired. The RCMP say officers attempted to stop the truck, but the driver fled, driving into the woods.

**THE CANADIAN PRESS**

**Homicide case**

### 2 top cops for HRP

Two officers who helped get information in the Melissa Peacock homicide case are Halifax Regional Police's top cops for 2012.

Constables Gyles Gillis and Robbie Latreille were named HRP's police officers of the year at its awards night Saturday. **METRO**

# Sidewalk clearing up for debate

**Across HRM.**

Councillor wants municipality to clear everyone's sidewalks, create general tax rate



HALEY RYAN  
haley.ryan@metronews.ca

A Halifax regional councillor wants a staff report looking into the municipality taking over the job of clearing all sidewalks across HRM.

Linda Mosher, who represents Purcell's Cove/Armdale, is tabling the motion Tuesday. The motion requests a staff report for the removal of area rates for sidewalk clearing and to make it the municipality's responsibility in every part of the region.

"Currently there's a hybrid of sidewalk snow removal," Mosher said Sunday.

"Most areas do have sidewalk snow removal ... But the areas of Spryfield, Armdale, and Halifax Peninsula do not.

"I would like a predictable and consistent approach so anywhere in the municipality, during winter, the city would clear the sidewalks."

**Quoted**



"We own the sidewalks, we clear the roads. It's

just a consistent level of service." Coun. Linda Mosher

She said she's heard from many seniors this winter who find it hard walking in their neighbourhoods after a snowfall.

"They physically can't go out and plow, and if they pay someone to do it, the plow keeps filling the sidewalk in," she said.

Mosher said she doesn't expect opposition from the 12 councillors who already have area rates in place because she said it won't cost their residents anything extra.

Instead of being taxed through an area rate, sidewalk clearing would go under a general rate, which is the same amount, she explained.

If her motion doesn't pass, Mosher said she has a "backup plan" to meet with residents and vote on whether they would like an area rate.



## Uhh ... Think we can get our deposit back?

Just before noon on Sunday, Halifax Regional Police say this truck hit the curb near 640 Windmill Rd. in Dartmouth and crashed into a power pole. No one was injured. Traffic was reduced from three lanes to one for a few hours until NS Power replaced the pole. **JEFF HARPER/METRO**

## St. F.X. Students return to classes Monday

Unionized faculty at St. Francis Xavier University have voted in favour of a tentative agreement that will bring students back to the classroom Monday following a three-week strike.

Union president Peter McInnis said Saturday about 330 ballots were cast and members voted 96 per cent in favour of the contract offer from admin-

istration. The deal includes an eight per cent salary increase over four years and improvements to job security and health benefits for part-time contract workers and full-time employees, said McInnis. The strike at the school began Jan. 28 after 400 faculty and supporters went eight months without a contract. **THE CANADIAN PRESS**

## Cellphone contracts. N.S. changes regulations

New rules governing cellphone contracts that come into effect May 1 in Nova Scotia will give customers more flexibility in cancelling their contracts.

The provincial government says the rules will also require cellphone companies to share more information with customers about minimum monthly costs and include those details

in ads. Under the changes to the Consumer Protection Act, cellphone contracts can be cancelled at any time and the government says mobile phone users could pay as little as \$50 to do so. Consumers will still be on the hook for buying out equipment if they cancel their contracts early, however.

**THE CANADIAN PRESS**

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# Bloodied cricket bat found at Oscar Pistorius' home

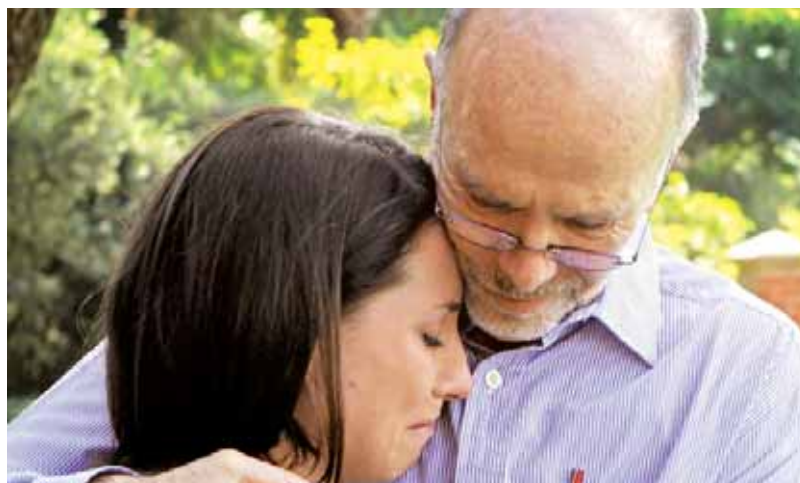
## Murder investigation.

Reeva Steenkamp suffered a crushed skull, but police are waiting to test whose blood is on the bat

A bloodied cricket bat is the latest piece of evidence in the ongoing murder investigation into the death of Reeva Steenkamp at the home of her boyfriend, Olympic athlete Oscar Pistorius.

South African newspaper City Press reported Sunday that local police are looking into various alleged scenarios: that Oscar Pistorius attacked Steenkamp with the bat, that the model used the bat to defend herself against the Olympian, or that Pistorius used the bat to break down the bathroom door where Steenkamp was allegedly hiding from him.

Steenkamp's skull was "crushed," and police are doing tests on the bat and her body to determine if the bat caused the injuries to her head, City Press



Arnold Pistorius, right, uncle of Olympic athlete Oscar Pistorius, comforts his niece after making a statement to selected press in Pretoria, South Africa, on Saturday. DENIS FARRELL/THE ASSOCIATED PRESS

reported.

"There was lots of blood on the bat. Forensic tests will show whose blood it was," a source told City Press.

The paper also revealed police requested that Pistorius' blood be tested for drugs and

steroids.

Pistorius' track career was put on hold indefinitely Sunday because of his murder charge, reinforcing the possibility that the double-amputee Olympian and disabled sports icon might never run again

competitively on his famous carbon-fibre blades.

Pistorius' agent was forced to cancel all future races, he said, so Pistorius could concentrate on defending himself against allegations he murdered his model girlfriend by

## Timeline

Olympic athlete Oscar Pistorius was charged last week with the murder of his girlfriend Reeva Steenkamp, a model, law graduate and reality-TV contestant.

- **Shot last Thursday.** Steenkamp was found shot multiple times at Pistorius' house in the early hours of last Thursday.
- **Court last Friday.** Pistorius broke down and wept at his first court appearance on Friday after he was charged with Steenkamp's murder.
- **Another appearance expected Tuesday.** He is expected to make a second court appearance on Tuesday for the start of his bail hearing.
- **In custody.** He remains in custody in a police station in Pretoria ahead of that hearing.

## Steenkamp. Family will hold private ceremony

The family of Reeva Steenkamp said Sunday that her body had been released by police after an autopsy and was back in their hometown of Port Elizabeth on South Africa's southern coast.

"Reeva is back home," the late model's brother, Adam Steenkamp, told The Associated Press by phone. He had flown back from Britain, where he now lives, to be with the family.

They also said Steenkamp's funeral would be held Tuesday and would be a private ceremony for family at a local crematorium.

Media will not be allowed in.

THE ASSOCIATED PRESS



Reeva Steenkamp COURTESY OF STIMULI/THE ASSOCIATED PRESS

shooting her several times in his upscale house on Valentine's Day morning.

Reeva Steenkamp died from gunshot wounds suffered inside Pistorius' home in Thursday's predawn hours. METRO/ WITH FILES FROM THE ASSOCIATED PRESS

## Generation Y. Cuban dissident blogger starts three-month world tour

Cuban dissident blogger Yoani Sanchez set off on a three-month, dozen-nation world tour Sunday, after a new law eliminated the exit permit that had been required of islanders for five decades and was denied to her around 20 times in recent years.

Pulling a blue rolling suitcase emblazoned with the logo of her Generation Y blog at Havana's international airport, Sanchez showed reporters her brand new passport with a fresh U.S. entry visa. She paid the \$25 airport tax, disappeared beyond the passport-control checkpoint and said via Twitter that the

only thing left was to get on the plane.

"My name has not been called over the loudspeakers; they have not taken me to a room to strip me or give me a warning," she tweeted from the waiting lounge. "Everything is going well."

Sanchez is one of Cuba's most prominent dissidents, though her blog is not widely followed on the island. Whether authorities would allow her to go abroad and presumably use her bully pulpit to bash the Communist-run government was seen as a key test of how the travel reform would be applied.

THE ASSOCIATED PRESS



Cuban dissident blogger Yoani Sanchez shows her U.S. visa on her passport before leaving Cuba to travel to Brazil and other countries at the Jose Marti International Airport in Havana, Cuba, Sunday. FRANKLIN REYES/THE ASSOCIATED PRESS

## Nigeria. British, Greek, Italian, Lebanese, Filipino workers kidnapped

Gunmen attacked a camp for a construction company in rural northern Nigeria, killing a guard and kidnapping seven foreign workers from Britain, Greece, Italy, Lebanon and the Philippines, authorities said Sunday, in the biggest kidnapping yet in a region under attack by Islamic extremists.

The attack Saturday night happened in Jama'are, a town in a rural portion of Bauchi state. There, the gunmen first attacked a local prison, burning two police trucks, Bauchi state police spokesman Hassan Muhammed told The Associated Press.

The gunmen then targeted a worker's camp for Lebanese

construction company Setraco, which is in the area building a road, Muhammed said. The gunmen shot a guard dead at the camp before kidnapping the foreign workers, the spokesman said.

"The gunmen came with explosives, which they used to break some areas," Muhammed said. He did not elaborate, and an AP journalist could not immediately reach the town, which is about 200 kilometres north of the state capital, Bauchi.

One British citizen, one Greek, one Italian, three Lebanese and one Filipino were kidnapped, said a local government official. THE ASSOCIATED PRESS

## Gas leak

### Explosion in apartment house in Czech Republic kills at least one

A powerful explosion in a three-storey apartment building in the Czech Republic killed at least one resident and left five people missing on Sunday, officials said.

Lukas Humpl, a spokesman for the local rescue workers, said 11 people,

including three children, were also injured and being treated at hospitals in the east of the republic.

Officials originally said two people died, but regional Police Chief Tomas Tuhy corrected that to one later Sunday. Tuhy attributed the mistake to the chaotic situation at the scene. He said three children and two adults remain missing.

Police spokeswoman Sona Stetinska said a gas leak apparently caused the blast.

THE ASSOCIATED PRESS



## Cheering on the pope

Followers gather to listen to Pope Benedict XVI's Angelus prayer in St. Peter's Square at the Vatican on Sunday. The pope blessed the faithful from his window overlooking the square for the first time since announcing his resignation, cheered by an emotional crowd of tens of thousands of well-wishers. GREGORIO BORGIA/THE ASSOCIATED PRESS



# Cleanup underway for Russian region rocked by meteor blast

**Aftermath.** More than 24,000 people, including volunteers, have mobilized in relief efforts: Regional governor's office

Authorities in a Russian city say more than half of the acres of windows smashed in the city by an exploding meteor's shock wave have been replaced.

Friday's explosion shattered glass in more than 4,000 buildings in Chelyabinsk and the surrounding region, leaving residents vulnerable in temperatures well below freezing.

The Chelyabinsk city administration said in a Sunday statement that nearly 60 per cent of the city's broken windows had been replaced.

Pieces of the meteor are believed to have fallen into an ice-covered lake about 80 kilometres outside the city, but no fragments have been reported found.

The fireball that streaked

into the sky over this tough industrial city at about sunrise Friday was undeniably traumatic. Nearly 1,200 people were reported injured by the shock wave from the explosion, estimated to be as strong as 20 Hiroshima atomic bombs.

But it also brought a sense of co-operation in a troubled region. Large numbers of volunteers came forward to help fix the damage caused by the explosion and many residents came together on the Internet — first to find out what happened and soon to make jokes.

Chelyabinsk, nicknamed Tankograd because it produced the famed Soviet T-34 tanks, can be as grim as its backbone heavy industries. Long winters where temperatures routinely hit -30 C add to a general dour mien, as do worries about dangerous facilities in the surrounding region.

In 1957, a waste tank at the Mayak nuclear weapons plant in the Chelyabinsk region exploded, contaminating 23,000 square kilometres and prompting authorities to evacuate 10,000 nearby residents.

THE ASSOCIATED PRESS



A local resident repairs a window broken by a shock wave from a meteor explosion in Chelyabinsk, about 1,500 kilometres east of Moscow. A meteor blazed across the western Siberian sky Friday and exploded with the force of 20 atomic bombs, injuring more than 1,000 people as it blasted out windows, and frightening countless more in a city of one million. BORIS KAILIN/THE ASSOCIATED PRESS

## French, Malian forces take control of jihadist stronghold



Locals welcome French soldiers with a French flag in Bourem, northern Mali, Sunday. PASCAL GUYOT/POOL/THE ASSOCIATED PRESS

Hundreds of French and Malian soldiers have retaken the jihadist stronghold of Bourem, a town where many radical Islamic fighters were believed to have fled, officials and witnesses said Sunday.

Militants launched two suicide attacks last week on a checkpoint leading into Gao on the road from Bourem, raising fears of a protracted insurgency in northern Mali after French and Malian forces initially dislodged them from Gao without much resistance.

About 1,000 forces from

France, Mali and other African countries are now in the town of Bourem, according to a French military official who spoke on condition of anonymity because he wasn't permitted to speak to press.

The joint military operation was launched Saturday afternoon as part of the ongoing effort to secure Gao, where the radical militants invaded one week ago and exchanged gunfire with Malian forces for hours.

"As the general has said, the jihads are always close," the of-

ficial said.

While Gao has been restored to relative peace in recent days, officials say the ousted fighters are just on the other side of the Niger River, from which they launched last week's assault when they arrived in wooden boats.

Witnesses in Bourem on Sunday described a column of French armoured personnel carriers lining the streets. Some 50 trucks from the French military along with about a dozen Malian vehicles could be seen.

THE ASSOCIATED PRESS

### Background

Bourem is located only 95 kilometres away from Gao, where the radical Islamists ruled for nearly 10 months by imposing their strict interpretation of Islamic law known as Shariah.

- They carried out a dozen amputations for alleged crimes, and also whipped women for going out in public without veils.

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# 'Unity bill' sees much dissension

**Quebec sovereignty.** Mulcair finds little support from provincial NDPers and from citizens

Federal NDP Leader Tom Mulcair isn't getting much support from his provincial counterparts for his controversial approach to national unity — and a new poll may explain why.

The Canadian Press/Harris-Decima survey suggests almost three-quarters of Canadians don't buy Mulcair's assertion that a bare majority should be sufficient to trigger negotiations on Quebec secession.

Indeed, on average, respondents pegged the ideal threshold at 64 per cent.

The telephone poll was conducted as The Canadian Press was soliciting the opinions of provincial NDP leaders to the federal party's recently proposed "unity bill."

Only one — New Brunswick's Dominic Cardy — offered unqualified support. One other — British Columbia's Adrian Dix — was openly opposed. The rest kept their distance, declining comment on what most called a federal matter.

Dix said he's concerned that the 50-plus-one-vote threshold is too low and that the bill excludes any role for the prov-

inces in judging the clarity of a referendum question and its result and diminishes their role in the negotiations that would follow a Yes vote.

By contrast, New Brunswick's Cardy said he's "really impressed and happy" with the unity bill.

"I would just ask everyone to think about what would happen if there was, let's say, a 55 per cent vote for independence and the rest of the country said no to that. What sort of country would that really be?" said Cardy in an interview.

Yet the poll suggests the bill is not going down well with Canadians outside Quebec.

Nationally, 49 per cent were opposed to it, 35 per cent supported it. Support was highest in Quebec, at 57 per cent.

However, disagreement deepened even in Quebec when respondents were asked what would be a sufficiently clear majority to prompt talks.

Nationally, 29 per cent said the threshold should be more than 70 per cent, 23 per cent said it should be between 60 and 69 per cent and another 21 per cent wanted between 51 and 59 per cent. That's nearly three-quarters who feel the threshold should be higher than the NDP proposal.

On average, Quebecers pegged the ideal threshold at just under 60 per cent.

THE CANADIAN PRESS

## Unity bill

The bill is intended to replace the Clarity Act, which states that a clear majority of Quebecers would have to vote Yes on a referendum.

- **Unclear.** The act does not define what is meant by a clear majority, an ambiguity Mulcair says the unity

bill is meant to clear up.

- **Solution.** The NDP bill stipulates that a bare majority of 50 per cent plus one vote would trigger negotiations, provided that the referendum was conducted well and the question was clear.



## For the right to say, 'Je préfère anglais'

Protesters opposing language Bill 14, which critics say promotes French by limiting the rights of English speakers, demonstrate outside the office of Quebec Premier Pauline Marois in Montreal on Sunday. GRAHAM HUGHES/THE CANADIAN PRESS

## Quebec. Teens arrested in seniors' kidnapping

Police arrested two teens and were looking for a possible third suspect on Sunday after two seniors were kidnapped at gunpoint from their home.

A 70-year-old woman and 65-year-old man were taken Friday in Maniwaki, a town northwest of Montreal, and driven to a barn in L'Isle-aux-Allumettes, about 150 kilometres away, according to provincial police.

Sgt. Ronald McInnis said the kidnapping appears to have been motivated by theft.

"We're talking about a computer, wallet, handbag, and money, but we don't have the amount," he said.

It's alleged the teens also stole the couple's vehicle.

McInnis said the seniors managed to get to safety early Saturday after the suspects fled in L'Isle-aux-Allumettes.

The couple flagged a passing driver who came to their aid.

A 16-year-old Ottawa boy was arrested shortly afterward in nearby Pembroke, Ont., not far from where the stolen vehicle was left, McInnis said.

A 17-year-old boy turned himself in to police in Quebec on Sunday morning.

The two boys are set to appear in court Monday and investigators are trying to determine whether a third person was involved.

The boys could face charges for breaking and entry, stealing a vehicle, and kidnapping.

McInnis said it's unclear whether the gun was real or fake. The couple was taken to hospital with minor injuries and shock, police said.

THE CANADIAN PRESS

## Keystone XL. Pipeline the main target at U.S. protest

Thousands gathered in the U.S. capital on Sunday to urge President Barack Obama to honour his recent climate-change vows, with the proposed Keystone XL pipeline the most popular whipping boy.

Organizers billed the rally as the biggest climate protest in U.S. history.

But despite claims that 50,000 people attended, one police officer unofficially pegged it at about 10,000.

Several prominent environmentalists addressed the rally, including Bill McKibben, the 350.org founder who has spearheaded the U.S. opposition to Keystone XL.

He branded the pipeline, which would carry bitumen from Alberta's carbon-intensive oil sands to Gulf Coast refineries, as "one of the largest

carbon bombs in history."

Michael Brune, the Sierra Club executive director also arrested last week, focused on the pipeline as well.

"President Obama holds in his hand a pen and the power to deliver on his promise of hope for our children," he said. "Today, we are asking him to use that pen to reject the Keystone XL tar sands pipeline, and ensure that this dirty, dangerous, export pipeline will never be built."

Keystone XL has indeed become a flashpoint for McKibben and other high-profile American environmentalists who view it as a symbol of dirty oil, even though the U.S. is already crisscrossed with various pipelines transporting oil through several states.

THE CANADIAN PRESS

## Liberal leadership

### Trudeau's rivals go on the attack

Some of Justin Trudeau's rivals in the Liberal leadership race tried to knock the perceived front-runner off his stride during a debate, accusing him of being too privileged to understand middle-class problems.

One of the most aggressive exchanges Saturday came from former Ontario MP Martha Hall Findlay.

"You yourself have admitted that you do not belong to the middle class.

I find it a little challenging to understand how you would understand the challenges facing middle (class) Canadians," Findlay said, drawing some boos from the audience.

Trudeau was also pressed by astronaut-turned-politician Marc Garneau, who asked, "What is it in your resume that qualifies you to be the future prime minister of Canada?"

In the debate, Trudeau emphasized his commitment, leadership qualities and his success winning back his Montreal riding.

THE CANADIAN PRESS

## Victoria, B.C.

### House fire claims two young lives

Neighbours watched helplessly as a house fire in Victoria claimed the lives of two people and sent a third to hospital early Saturday.

Fire Capt. Bob Jones said flames were shooting out of the house and two vehicles in the driveway were ablaze when firefighters arrived at about 4:30 a.m.

"The house is only, literally, 50 feet away from the back of the fire hall,"

Jones said.

"It really got going quickly and it was windy, and that really helped spread the fire throughout the house."

The victims were a young man and a young woman, Jones said, adding that the person recovering in hospital is female. It's believed they were all students who were renting the house.

Jones said there was a party at the house on Friday night and that several out-of-town guests were staying there.

THE CANADIAN PRESS

## Venezuela

### Iran looms over diplomacy tour

Canada is increasingly concerned with the growing cosy relations between Iran and Venezuela and intends to press the issue with the regime of Hugo Chavez in Caracas next week, Foreign Affairs Minister John Baird said Sunday.

"I'm concerned about Iran in general," he told The Canadian Press from Lima, Peru. "I'm concerned about their nuclear pro-

gram. I'm concerned about their support of terrorism.

"And I'm concerned about their deteriorating human-rights record at home. So I don't think we'll see eye-to-eye with Venezuela on that."

Chavez has courted Iran as an ally. The Obama administration believes Iran is trying to gain a foothold in Latin America, perhaps even a military base.

Baird is on an eight-day, six-country Latin American tour that also took him last week to Cuba. He visits Caracas on Wednesday.

THE CANADIAN PRESS



# Backup plan on hand if immigration talks fail

**Washington.** Obama's pitch was first reported on USA Today's website late Saturday

Republicans and Democrats alike on Sunday predicted U.S. President Barack Obama would fail if he pushed forward with his own effort to overhaul the U.S. immigration system and urged the administration to hold off while lawmakers work on a bipartisan measure.

Republican Sen. John McCain predicted the administration's efforts would come up short if the White House went forward with a proposal to put the estimated 11 million illegal

## White House's proposal

- The Obama administration's proposal would create a visa for those in the country illegally and allow them to become legal permanent residents within eight years, and they would later be eligible

to become U.S. citizens.

- The proposal also includes more funding for border security and requires businesses to adopt a system for verifying the immigration status of new hires.

immigrants in the U.S. on a long pathway to citizenship.

Democratic Sen. Chuck Schumer urged his allies in the administration to give a bipartisan group of eight lawmakers the time to hammer out a deal on their own.

Sharp shifts in the political landscape have put an immi-

gration overhaul tantalizingly close. Hispanics made up 10 per cent of the electorate in the November election, and Obama won about 70 per cent of their votes, in part because of the conservative immigration positions staked out by Republicans during their presidential nominating contest.

The general election forced some Republican lawmakers to reconsider their opposition to comprehensive immigration changes, clearing the way for the swift consensus that has emerged between the White House and bipartisan lawmakers in recent weeks.

Obama's newly appointed top aide, chief of staff Denis McDonough, said the White House would only send its plan to Congress if the lawmakers stumble in their efforts and cast its efforts as a backup plan.

USA Today reported that the bill would require that immigrants pass a criminal background check, submit biometric information and pay fees to qualify for the new visa.

THE ASSOCIATED PRESS



In this Jan. 29 photo, U.S. President Barack Obama speaks about immigration reform at a Las Vegas high school. ISAAC BREKKEN/THE ASSOCIATED PRESS

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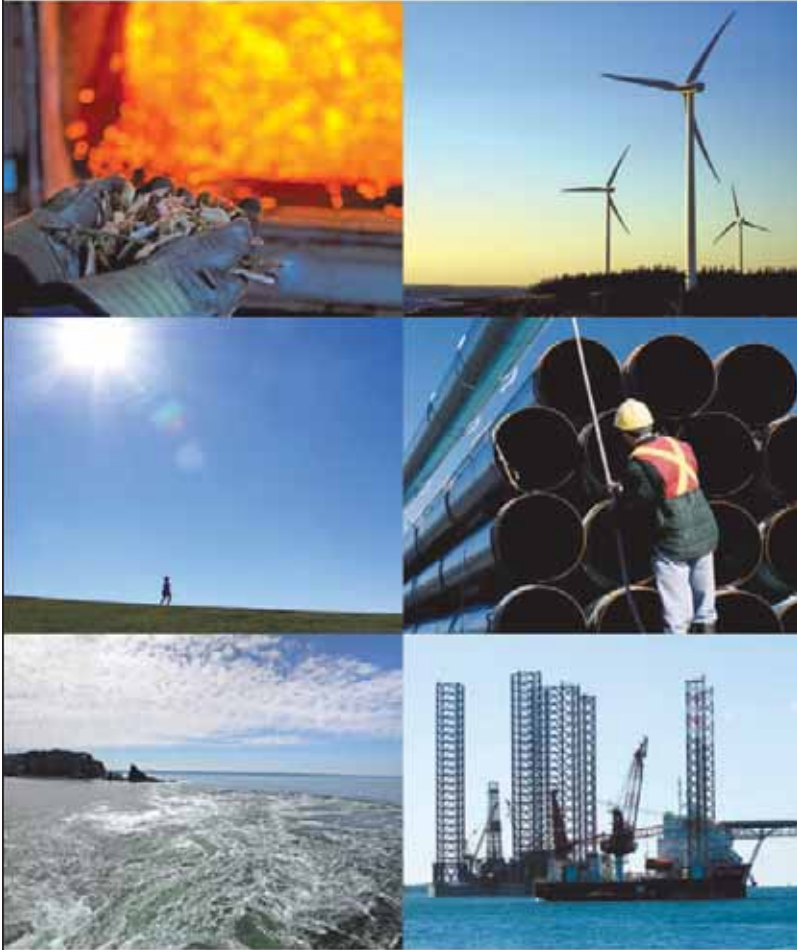
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See O'Regan's Kia for details.

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**NOVA SCOTIA**

# Is your cruise ship seaworthy? Good luck finding out

## Consumer oversight.

There's no easy way for prospective passengers to research a vessel's health and safety record

A byzantine maze of maritime rules and regulations, fragmented oversight and a patchwork quilt of nations that do business with cruise lines make it tough for consumers to assess the health and safety record of the ship they are about to board in what for many is the vacation of a lifetime.

Want to know about a ship's track record for being clean? Want to assess how sanitary the food is? It's not that easy to do, in part because there's no one entity or country that oversees or regulates the industry with its fleet of ships that are like mini cities floating at sea.

In the case of Carnival Cruise Lines, the owner of the Carnival Triumph that spent days in the Gulf of Mexico disabled after an engine fire, the company is incorporated in Panama, its offices are based in Miami and its ships fly under the Bahamian flag — a matrix that is not unusual in the cruise line industry.

For potential passengers seeking ship information, there's no central database that can be viewed to determine a track record of safety or health inspections. No one agency regulates everything from the cruise line's mechanical worthiness to the sanitation of its kitchens.

## Swiss account frozen

### Illegal trading took place prior to Heinz deal, SEC alleges

U.S. federal regulators have alleged that a brokerage account in Switzerland was used for illegal insider trading ahead of the H.J. Heinz acquisition. The Securities and Exchange Commission obtained a court order Friday to freeze the account and prevent the assets from being moved.

The account was used for trades placed Wednesday that netted \$1.7 million US after the deal was announced. The SEC says it doesn't know the identity of the traders but said they "took risky bets" that Heinz's stock price would increase. **THE ASSOCIATED PRESS**



This photo provided by passenger Don Hoggatt shows the tent city built on the Lido deck of the Carnival Triumph. People stayed in the tents to escape the stench from the lower decks of the disabled ship. The Triumph arrived late Thursday in Mobile, Ala., after an engine-room fire left the ship powerless in the Gulf of Mexico. **DON HOGGATT/THE ASSOCIATED PRESS**

The U.S. Coast Guard inspects each cruise ship that docks in the U.S. every year for a range of issues, from operation of backup generators to the lifeboats.

The U.S. Centers for Disease Control and Prevention maintains a database of recent disease outbreaks and other health inspection information for cruise ships.

Had Triumph vacationers looked up information about the cruise ship through those two agencies before boarding, they would have found mostly clean marks and few red flags.

The Triumph left Galveston, Texas, on Feb. 7 for a four-day cruise to Cozumel, Mexico. An engine-room fire paralyzed the ship early Sunday, Feb. 10, leaving it adrift in the Gulf of Mexico.

Passengers described nightmarish conditions on board, including overflowing toilets, long lines for a short supply of food, foul odours, and tent cities where vacationers slept on deck.

Tugboats slowly towed the 14-storey vessel to Mobile, Ala. It arrived there late Thursday, Feb. 14. **THE ASSOCIATED PRESS**

## Zzzzzzzzz. Canadians are getting bored of seeing ads for Economic Action Plan

We'd have told you for free

**\$300K**

The eight surveys about the action plan ads were commissioned from four polling firms and cost the government almost \$300,000. They asked the same core questions of random samples of 1,000 people.

Canadians may be growing weary of — even hostile to — all those Economic Action Plan ads the Harper government has been pumping out for the last four years.

Eight polls the Finance Department commissioned between 2009 and 2012 suggest the TV, radio, print and Internet ads are starting to fizzle — and are annoying some people.

The most-recently released survey has respondents calling the material "propaganda" and a "waste of money," while fewer people than ever are taking any action after viewing the ads.

The Finance Department,

meanwhile, continues to air the ads, with the latest TV campaign kicking off Monday and running to April 30.

Under federal policy, departments must conduct surveys after ad campaigns to ensure taxpayer dollars are well spent. **THE CANADIAN PRESS**



## PETER MACKAY'S COMMENTS ON VETERANS' BENEFITS HYPOCRITICAL



**URBAN  
COMPASS**  
Stephen Kimber  
halifax@metronews.ca

The proposed \$66.6 million payout to McInnes Cooper for its successful legal work in the veterans' benefits case is — in the words of Defence Minister Peter MacKay — “excessive and

unreasonable.”

Topped, of course, only by the excessively excessive and unconscionably unreasonable seven-year battle MacKay's federal government has waged against disabled veterans.

The issue — which dates back to 1979 and involves clawbacks of benefits paid to 7,500 retired Armed Forces veterans who also received disability pensions — was only finally joined in 2006. That's when Dennis Manuge, an injured former soldier, showed up at McInnes Cooper's Halifax office.

### Unsettling

**Ironically, MacKay himself had insisted he needed the ‘considerable legal and judicial oversight,’ the drawn-out court battle provided to ‘clarify’ how his government should treat its disabled veterans.**

and threw up all manner of procedural roadblocks.

The good guys ultimately won last spring when the federal court sided with the soldiers. Soon after, Ottawa cried uncle and negotiated what is now an \$887.8-million settlement.

That would have translated into a \$266 million payday for McInnes Cooper. Because of the size of the settlement, however, the firm agreed to reduce its percentage to 7.5 — a still-huge \$66.6 million fee for services rendered.

Which is what brought MacKay's minions to a Halifax hearing last week to argue against the fee, claiming it could damage public perception of the legal profession.

Uh, right.

Ironically, MacKay himself had insisted he needed the “considerable legal and judicial oversight,” the drawn-out court battle provided to “clarify” how his government should treat its disabled veterans. “As a result of that court action, we are now moving forward out of fairness and respect for those veterans,” he explained.

Which doesn't explain why his government couldn't have done the right thing in the first place instead of forcing poor disabled veterans to hitch their fate to the hail-Mary of a contingency court case in order to get justice. And therefore creating that “excessive and unreasonable” legal payout of which he now complains.



Minister of Defence Peter MacKay SEAN KILPATRICK/THE ASSOCIATED PRESS

# Let me sleep on it



LEE JIN-MAN/THE ASSOCIATED PRESS

### Mass marriage

## It's a nice day for 3,500 weddings

A couple takes a nap before their mass wedding ceremony in South Korea on Sunday.

Some 3,500 South Korean and foreign couples exchanged or reaffirmed marriage vows in the Unification Church's mass wedding arranged by Hak Ja Han Moon, a wife of the late Rev. Sun Myung Moon, the controversial founder of the Unification Church.

THE ASSOCIATED PRESS

### I vow to dress the same

## Critics slam tradition for its cult underpinnings

The identically dressed couples — many of mixed nationality who had met just days before — took part in the ceremony.

Mass weddings, some held in giant sports stadiums with tens of thousands of couples, have long been a signature feature of the church and one that “Moonie” critics have pointed to as evidence of cult underpinnings. It was the first mass wedding since Moon's death.

THE ASSOCIATED PRESS

### I don't know you

The church's mass weddings began in the early 1960s. At first, they involved just a few dozen couples but the numbers mushroomed over the years.

In 1997, 30,000 couples tied the knot in Washington, and two years later around 21,000 filled the Olympic Stadium in Seoul.

Nearly all were personally matched by Moon, who taught that romantic love

led to sexual promiscuity, mismatched couples and dysfunctional societies.

Moon's preference for cross-cultural, international marriages meant that they often shared no common language.

In recent years, match-making responsibilities have shifted towards parents, but 400 of the church members married on Sunday had chosen to be paired off a few days before at an “engagement ceremony” presided over by Moon's widow.

### Study says

## Hummingbirds returning home earlier every year

Ruby-throated hummingbirds are arriving in North America each spring several weeks earlier than in the past, and research indicates that higher temperatures in their winter habitat may be the reason.

Scientists at Clemson University in South Carolina, Taylor University in Indiana and the University of Neb-

raska have compared recent data showing the birds' first arrival times with information going back to the late 1800s.

The findings show the birds are arriving from their wintering grounds in Central America 12 to 18 days earlier than in the past.

The scientists say that though warmer weather in Central America may be forcing the birds to fly north earlier, the food they need when they arrive may not be available yet.

THE ASSOCIATED PRESS

### Twitter

**@oculous:** Pushing a shopping cart in #Costo is worse than driving a car on #springgardenroad #halifax

**@HoppsandT:** 10 dollar cover, 3 dollar coat check, 4.50 drinks.. Good one Palace.. Good one #Halifax

**@kelseylampron:** Any time now a bunch of country music artists can announce their tours stops in Halifax. #thatdbegre-atthanks #onecandream

**@BethTaylor06:** #Halifax is pretty much one big puddle right now! #RainRainGo-Away

**@NicoleWilliams:** Just went for a cycle through the empty streets of Halifax in the rain #relaxing

**@laurahubb:** Okay, #halifax - where's the best massage spot in the city that won't break the bank?



The Deftones enjoy transcending genres: 'We could play Lilith Fair if we had a girl in the band,' says Chino Moreno, centre. 13THWITNESS

# Love at first sound: Deftones find romance in their music

**Seventh album.** 'We still have a lot of energy and it's not like mad energy where we need to vent,' says frontman Chino Moreno

LINDA LABAN  
scene@metronews.ca

Crunchy-punchy guitars? Check. Pummelling rhythms? Check. The Deftones' fall-released seventh album is heavy. ... Check. This makes

its ethereal, romantic title, *Koi No Yokan*, a little perplexing.

"There's no English translation for it, which is why we picked it," says Deftones frontman Chino Moreno. "But it roughly translates as a premonition of love, or seeing somebody for the first time and knowing that you're going to fall in love with this person. It's sort of like love at first sight, but a bit different. It's a beautiful sentiment that describes something kinda neat."

The album is not, however, a bunch of love songs. Just as the Deftones go beyond heavy

with their arty metal-rap-electronic hybrid, the Los Angeles quintet went tangential with the phrase and found *Koi No Yokan* in the studio.

"Music gives you these feelings as well. You feel passionate about it. It's also a very optimistic thing. We feel optimistic. The music isn't coming from a distraught place. We aren't making music as therapy; we know what to do with our emotions," the chatty Moreno tells Metro. "It's music coming from a positive place instead of needing it for therapy. We still have a lot of energy and it's not like mad energy where

## Transcending genres

### *Metal, rap, whatever*

Moreno loves transcending genres: "I think we could play Lilith Fair if we had a girl in the band!" he jokes. "I'm proud of that. It's rad that we're able to do different kinds of shows with different types of music fans. That's an honour. It keeps it open. There are not so many walls around us."

we need to vent. We're happy that we're here and have each other and have the opportunity to make music."

It's that transcendental bent that has surely helped the band deal with the tragic accident four years ago that

left bassist Chi Cheng in a coma.

"There's a lot of uncertainty, of course, but Chi is alive, so there is optimism," Moreno says. "So we deal with it that way rather than let it control us."

# Making Dad proud with Night Visions

Dan Reynolds, singer for Imagine Dragons, quotes some decidedly odd influences. Odd because the band's debut, *Night Visions*, is packed with emotional and confessional lyrics, catchy hooks and anthemic choruses that suggest a diet of Muse and Coldplay.

But he says it goes a bit further back, to two other groups from England.

"We all grew up listening to the Beatles and the Rolling Stones and studied their work," confirms Reynolds. The Las Vegas native is speaking from London during a promo jaunt.

"I don't know where it comes from, really," he con-

tinues. "We wrote 150 demos for this album and narrowed it down to 100, then down to 50, and then down to 20. We really wanted the album to be a cohesive body of work. We wanted each song to flow into the next with a general theme. I can't say why it's hooky. Maybe we like hooky music."

Perhaps the post-emo thrust of *Night Visions* is the result of condensing pent-up emotions and three years of writing into one record. Maybe, for Reynolds, it goes back even further.

"I've always written," he says. "It was always a bit of a diary, a journal for me. I

would never show anyone the songs but my dad. I always wanted to see what he thought. My dad was one of my biggest influences, growing up; the music he liked, whether it was Paul Simon, Billy Joel or the Beach Boys. I always wanted to impress my dad."

So, did Reynolds Sr. approve?

"Always," says the younger Reynolds. "He is just the biggest fan. That, to me, is everything. I've always written for myself, but, growing up, there was nothing that made me happier than when my dad was proud of something I did." LINDA LABAN/FOR METRO



Reynolds, second from left, says Imagine Dragons paid their dues on the Vegas strip. REID ROLLS



# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Pop goes the week

### Kate Upton's frostbite hotter than a James Bond meet-up



STARGAZING  
Malene Arpe  
scene@metronews.ca

**Mila Kunis, who is dating Ashton Kutcher, tells a magazine she loves being single.** "Yeah well," says Ashton. "I love meatloaf. And socks. And, and ... you snore. So there."

**Pierce Brosnan suggests he isn't in any way interested in attending some possible Bond star get-together at the Oscars.** "Hey! I'm free," says the Pope.

**This week in over-achieving children.** 1) Brangelina's four-year-old, Vivienne, earned \$3,000 a week for starring in Maleficent. 2) Alyssa Milano claims her son started talking at four months. 3) Beyoncé says her one-year-old daughter is her "best friend." 4) Julianna Margulies says that her five-year-old son gets very upset if he doesn't get seven new books from the library every week. 5) Your perma-snotty toddler just threw up in your hair.

**H&M confirms that David Beckham used a butt-double for his recent underwear**



You can try to hide all you want David Beckham. We know you used a butt double for your H&M commercial.

**commercial.** Is nothing real? Are we living in an evil MATRIX made of BUTT LIES? Why is EVERYTHING a dirty, dirty scam of tears? THIS IS WHY WE CAN'T HAVE NICE THINGS!

**Kate Upton gets frostbite while posing for the Sports Illustrated cover photo shoot in Antarctica; the pitchman for The Heart Attack Grill in Vegas dies of a heart attack; and some person from Buckwild gets arrested over possession of "a large quantity of Oxycodone."** Yes! That's right! It's time to play Least Surprising Thing Ever!

**Carrie Underwood says she's not feuding with Taylor Swift and Jessica Chastain denies feuding with Jennifer Lawrence.** However, Carrie can't stand that hard-ridden Jennifer and if Jessica ever sees Taylor Swift again she'll give her something to sing about.



Kristen Bell

### Kristen Bell: Dog pee does not turn me on

Kristen Bell is disputing a Star magazine story that claims the pregnant House of Lies star and fiancé Dax Shepard were "getting frisky" during a visit to a West Hollywood veterinarian's office. "This

is gross," Bell explains on her WhoSay page. "Obviously this never happened, and if I ever was turned on around the smell of dog piss, I certainly wouldn't apologize for it."



Katy Perry ALL PHOTOS GETTY IMAGES

### Perry and Mayer ready to take the next step?

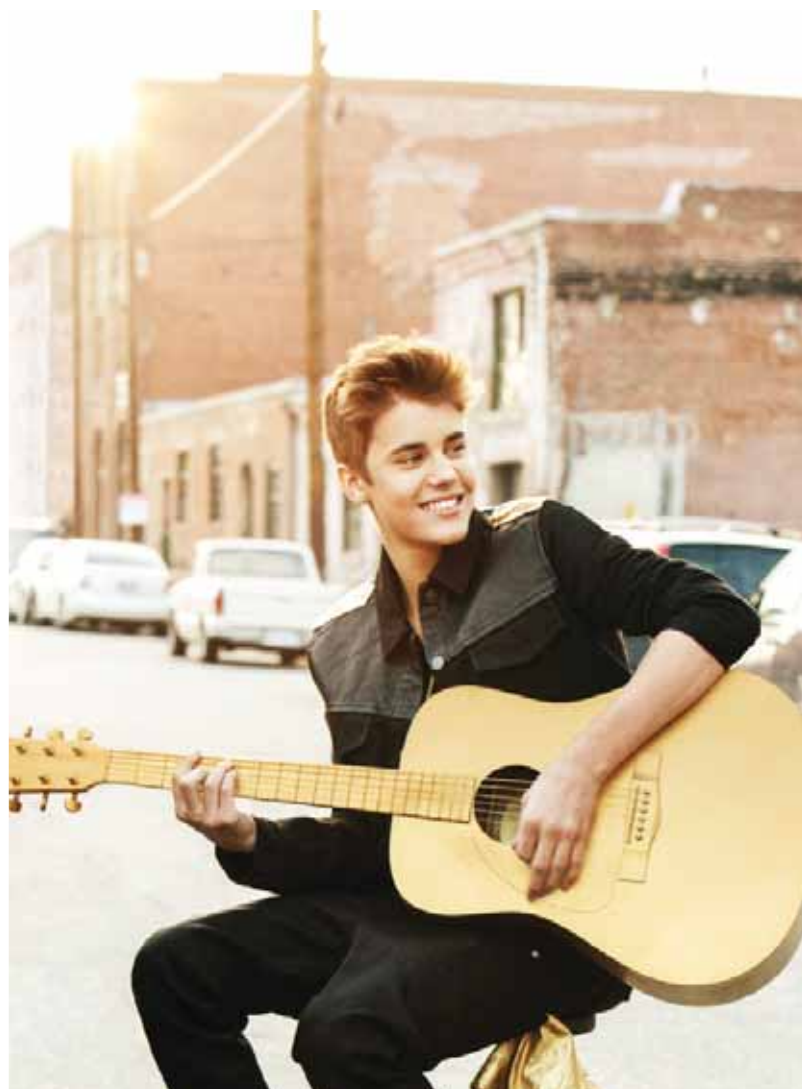
Katy Perry's jewelry choices are sending some interesting signals about the status of her relationship with John Mayer, as the Firework singer stepped out on Valentine's Day with an impressive heart-shaped ruby ring on her engagement finger, leading many gossip sites to wonder if there was some news coming soon about Mayer popping the question, according to E! News. Perry's rep had no comment on the fashion choice, but Perry and Mayer did have quite the romantic Valentine's Day, sharing a meal before taking in a movie together. For Mayer's part, he seems particularly smitten with Perry. "I don't feel like I'm in a celebrity relationship," he said in a recent CBS This Morning interview. And as for whether he plans to get married at some point, Mayer said, "Of course. I mean, I'm still the kid from Connecticut. That's what you do."



Maya Rudolph

### Fourth time around

While the future of her sitcom, *Up All Night*, is up in the air, Maya Rudolph at least knows she'll have more work at home soon enough. The *Bridesmaids* star is reportedly expecting her fourth child with husband Paul Thomas Anderson, according to the Hollywood Reporter. Rudolph has reportedly already informed her NBC bosses that she is expecting, though both she and the network declined to comment.



## YOU COULD WIN A CONCERT DATE WITH BIEBER!

### METRO "BELIEBES" IN LOVE!

Metro is inviting one lucky winner to a VIP experience at a Justin Bieber concert. You could win airfare, hotel and concert tickets for two with backstage passes to meet Bieber himself on one of his European Tour stops. All you have to do is:

1. Take a photo of yourself with the "I Believe in Love" ad which appeared on February 14th 2013 in a place you'd like to take Justin on a date. (If you missed the ad you can print it out at [www.clubmetro.com/bieber](http://www.clubmetro.com/bieber))
2. Upload your photos by visiting [www.clubmetro.com/Justin](http://www.clubmetro.com/Justin)
3. Remember to share the love! Collect votes from your friends to increase your chances of landing the grand prize!

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No purchase necessary. Contest open to residents of Canada and certain other countries worldwide who are thirteen (13) years of age or older. Odds of winning depend on the number and caliber of eligible entries received. One (1) Grand Prize is available to be won, consisting of a trip to see Justin Bieber perform and meet Justin Bieber (approximate retail value of \$5,000 USD). Skill testing question required. Contest closes February 28, 2013 at 12:00AM CET. To enter and for complete contest rules visit [www.facebook.com/metroint](http://www.facebook.com/metroint). Contest sponsors are Metro International S.A. together with its local Metro subsidiaries around the globe. The contest is in no way sponsored by Free Daily News Group Inc. or Pizza Pizza Limited. Neither Free Daily News Group Inc. nor Pizza Pizza Limited is responsible for this contest or its prize(s).

## Survey

**More than 70 per cent of pet owners put furry fam members in will**

A recent survey conducted by the "pet parenting" website Pet360 found that more than 70 per cent of pet owners provide for their "furry family members" in their last will

and testament.

The study looked at just how far pet owners are willing to go to spoil their four-legged pals.

Unsurprisingly, 99.4 per cent of respondents said they consider their pets to be part of their family. More than 99 per cent of the survey-takers' pets share a bed with a human family mem-

ber. And 99.4 per cent sing or talk to their pets.

Three in four people said they would rather be stranded on a desert island with their pets than with a human companion, and 42.5 per cent said they wouldn't go on vacation if they couldn't bring their pet along.

Seventy-five per cent

of those who took the survey said they celebrate their pet's birthday or adoption day. Three in four respondents have shared an ice cream cone or Popsicle with their pet.

Nine in 10 of survey respondents "wouldn't bat an eye" at spending \$100 on a cat or dog bed, while a handful said they'd spend \$1,000 on a diamond-studded collar.

ALEX WIGGLESWORTH, METRO WORLD NEWS



# Height of customization just for your new arrival

**Nursery.** Picking out the perfect art or decorations can be a daunting task. A unique site helps expecting parents

CHRISTINA WALLACE

Metro World News in Boston

Parents looking to create a unique nest for their babies are turning in droves to the countless shops on Etsy that focus on custom nursery decor and artwork.

"I had looked previously on other traditional sites, but I liked the idea of getting something that was a bit less mainstream," says Traci Tasso, a New York mom who purchased art on Etsy for her daughter's nursery.

The crafting website has been around for about seven years, but lately more specialists on the site are churning out crafts for little ones.

From quilts to baby bumpers, Etsy is chock full of items that can be customized by gender, theme and colour scheme frequently

at a much lower price than from a local boutique.

Moms and dads can best their neighbours' nurseries by having crib skirts monogrammed, artwork created to reflect their boy's favourite baseball teams and canvases painted to perfectly match bedding.

"It's the height of customization because you can get pretty much anything you want," says Jen Snyder, a Michigan mom who sells digital prints at Area Fare Kids on Etsy.

The conversation element of Etsy allows artists and buyers to message back and forth and customize orders. Many of the artists are moms-turned-artists who garner inspiration from their own little ones.

"I couldn't find anything that I loved in the stores, and since I have always enjoyed drawing and painting I decided to create something for above (my son's) crib," says Stephanie Brandt of Philadelphia, whose store on Etsy is called Just Bunch.

"I had enjoyed making the artwork so much, and had received so many compliments on it, that I decided to create designs and put them for sale."



Looking for something less mainstream for the nursery? Try Etsy. iSTOCK

## Exclusively online

Sadly mommy's gym membership fees aren't helping her build muscle or your RESP fund. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



## Toys

**Tamagotchi returns as app**

Tamagotchi is re-hatching as an app. Bandai America Inc. and Sync Beatz Entertainment are hoping to revive the electronic pet craze of the 1990s with a new mobile app launching for Android devices. The app duplicates the egg-shaped plastic toy that became a must-own sensation.

Sync Beatz, which has licensed Tamagotchi from Bandai, is calling the app Tamagotchi L.i.f.e. — with L.i.f.e. standing for "love is fun everywhere." Much like the original, the app tasks users with taking care of a virtual pet. If a Tamagotchi is neglected, it dies.

"The idea was to base the gameplay on the original Tamagotchi that everyone knows and loves," said Shin Ueno, chief marketing officer at Sync Beatz. "As we move along, every two months, we'll refresh the app." THE ASSOCIATED PRESS



The mobile app Tamagotchi L.I.F.E. AP PHOTO/RICHARD VOGEL

# Don't get sick of the mountains



Mountain sickness can occur at altitudes of 6,500 feet above sea level. iSTOCK

**IT'S ALL RELATIVE**

Kathy Buckworth,  
kathybuckworth.com

If you're taking a ski or snowboard vacation in Alberta or British Columbia, prepare yourself for altitude sickness or mountain sickness, which can be very uncomfortable, and in some cases dangerous.

It generally occurs at altitudes of 6,500 feet above sea level and over.

The air up there can be 40 to 50 per cent thinner, resulting in less oxygen to breathe, leading to

headaches, insomnia, vivid dreams and dry throats.

Children can be especially susceptible to mountain sickness.

It's a good idea to check with your family doctor before taking a high altitude trip, as there can be real medical concerns to take into account (like asthma, lung issues and heart conditions).

In order to prevent or control some of the symptoms, make sure to drink two to three times the usual amount of water daily, limit your alcohol intake, allow extra time for walking and

hiking and use a humidifier in your hotel or bedroom.

If possible, slowly acclimatize to the new altitude. If heading to the 11,000 plus feet above sea level ski resorts of Vail, Beaver Creek, Aspen and Breckenridge, consider flying into Denver and staying overnight first.

In Canada, Banff has the highest skiing, at about 9,000 feet above sea level. Stopping in Calgary overnight first could help. KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @ KATHYBUCKWORTH.



# Good things come in small Creamy Egg & Salmon Pouches



This recipe makes 24 pouches. EGG FARMERS OF ONTARIO

Each little pouch is stuffed with delicately flavoured eggs and smoked salmon, making a perfect bite-sized morsel.

You can make the pouches, cover them with plastic wrap and refrigerate for up to four hours. Uncover and bake them while your guests arrive to serve warm, fresh and crisp.

1. In a non-stick skillet, melt butter over medium heat and cook shallot for 2 minutes or until softened and starting to brown.

2. In a bowl, beat eggs. Pour into skillet and cook, stirring gently, forming large curds from the outside edge of pan into the centre. Stir in cream cheese until melted. Remove from heat and stir in smoked salmon and chopped chives; set aside to cool.

3. Meanwhile, place one sheet of phyllo on work surface; brush with butter. Top with second sheet; brush with butter. Top with third sheet and brush with butter. Cut into 12 squares. Place 1

tblsp (15 ml) of the filling in centre of each square. Bring up corners, pinching above filling to secure, twisting slightly to seal. Repeat with remaining phyllo and filling to make another 12 pouches.

4. Place pouches in single layer on a parchment paper lined baking sheet. Bake in 400 F (200 C) oven for about 10 minutes or until golden. Let cool slightly before serving. EGG FARMERS OF ONTARIO

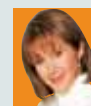
## Ingredients

Prep time: 5 minutes  
Cook time: 15 minutes

- 1 tbsp (15 ml) butter
- 1 small shallot, minced
- 4 eggs
- 1/4 cup (60 ml) herb and garlic cream cheese
- 2 oz (60 g) smoked salmon, finely chopped
- 1 tbsp (15 ml) chopped fresh chives (optional)
- 6 sheets phyllo pastry
- 1/3 cup (75 ml) butter, melted

## Healthy eating

### Choose it and lose it



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What's a steak dinner without dessert? The Keg has sweet endings, but some will cost you more in calories and fat than others.

### The Keg chocolate cake with ice cream

**1,059 calories / 59 g fat**  
Layered chocolate cake with creamy frosting and ice cream gives you three quarters of your daily calories and fat for the day! Excess butter, cream, sugar and chocolate are the culprits.



### Equivalent

One chocolate cake with ice cream from the Keg is equivalent in fat to three and a half eight-oz grilled top sirloin steaks.



### The Keg Billy Miner pie

**573 calories / 31 g fat**  
The combination of mocha ice cream, chocolate crust, hot fudge, caramel and almonds offers half the calories and fat of the cake and ice cream. And it's delicious!



# Blueberry mincemeat meets sweet tart shell

A tart filled with blueberry mincemeat has the power to convert even ardent mincemeat skeptics, and makes a sweet treat that you can quickly bake in prepared tart shells when guests arrive unexpectedly.

1. In mixing bowl, combine all ingredients except blueberries.

## Ingredients

- 300 ml (1 1/4 cups) sultana raisins
- 300 ml (1 1/4 cups) golden raisins
- 125 ml (1/2 cup) dried cranberries
- 125 ml (1/2 cup) mixed candied citrus peel
- 125 ml (1/2 cup) brown sugar
- 125 ml (1/2 cup) margarine or butter
- 5 ml (1 tsp) grated lemon rind (yellow part only)
- 30 ml (2 tbsp) brandy
- 15 ml (1 tbsp) lemon juice
- 5 ml (1 tsp) ground cinnamon
- 2 ml (1/2 tsp) ground cloves
- 2 ml (1/2 tsp) ground ginger
- 2 ml (1/2 tsp) ground nutmeg
- 1 l (4 cups) blueberries, fresh or frozen



Makes about 1.75 l (7 cups) of mincemeat mixture. THE CANADIAN PRESS H/O

2. Stir in blueberries and let mixture sit overnight in the refrigerator to let flavours combine and raisins to plump.

3. If not using immediately, pack into sterilized jars and process, or freeze.

4. To use, spoon mixture into purchased or homemade tart

or pie shells, filling two-thirds full. If desired, decorate with extra pieces of pastry cut into shapes. Bake in the bottom third of a 190 C (375 F) oven for 15 to 20 minutes or until pastry is lightly browned (a single-crust pie will take at least 10 minutes longer).

THE CANADIAN PRESS/ BC BLUEBERIES

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## The In-Credibility Factor

**Name:** Alex Levy  
**City:** Toronto  
**Age:** 26  
**Occupation:**  
CEO and lead designer  
of MyVoice



THE IN-CREDIBILITY  
FACTOR  
Teresa Kruze  
life@metronews.ca

A book on robots changed Alex Levy's life when he was nine years old. Seventeen years later, he's changing the world with an application developed for iDevices that is allowing people with speech difficulties to communicate with ease.

Alex had just started a new job at the University of Toronto science department when a man with extreme speech difficulties asked Alex if he could help him.

Within two weeks Levy designed the app that has not only changed the man's life but has given others afflicted with speech problems due to stroke, autism and cerebral palsy a new way to communicate.

**I knew I was on my way when...**

We kept going to conferences and people saw us demonstrate the app. They all wanted to buy it so I went to my professor. He said, "Why not take four or five years of your life and make it a product?" That was two years ago and it became the inception of MyVoice, the company.

We have two devices on the market right now helping people from two years of age and up. We had one woman call us in tears because for the first time in her daughter's life she was able to say, "I love you, Mom."

She was so moved she had to call and thank us. We were all crying in the office too.

That's what makes what we do so special and why we wouldn't do anything else.

## Action Plan

## Clarity of vision

Be crystal clear on what you want to accomplish and be able to verbalize it properly so people will grasp and understand what you're saying.

Pin down the difference you want to make in the world and then go for it with a maximum amount of intensity.

# Take your coffee with a dash of confidence

## Cooks who care.

At-risk youth learning how to prep and plate with help from mentors

From the outside, except for the slightly unusual name, you might not suspect there's anything special about the YOU Made It Cafe in downtown London, Ont. But for 16 young people a year, the café is a place of new, maybe even life-changing, beginnings.

The café is operated by Youth Opportunities Unlimited, an independent, non-profit social service agency that offers a comprehensive program of employment services to youth dealing with homelessness, unemployment and/or lack of education.

YOU generally serves young people 16 to 24, "but there's no hard and fast rule," says Christine Dirks, director of marketing and communications. They may be referred by other agencies, but word of mouth among youth is the most common way they find YOU. In all its programs, the organization serves at least 3,600 individuals a year, but that could translate into upwards of 40,000 contacts.

Inside the café, two large blackboards list the full breakfast, lunch and beverage menus (it's not open for dinner) and a third promotes the day's soup and salad specials. Selections run the gamut from pizza and burgers to gourmet sandwiches and pasta dishes, all made from



Amanda Weeks, 21, puts baked goods on display at the YOU Made It Cafe, an employment skills training program in London, Ont. DAVE CHIDLEY / THE CANADIAN PRESS

## Serving up success

**"A huge part of what we're training them in is employability skills — how to be punctual, how to be reliable and why, what employers expect."**

Lois Holden  
Manager of enterprise services for YOU

scratch. Eclectic art decorates the walls and there is a bank of coffee makers and urns.

But the real action happens back in the kitchen, says Lois Holden, manager of enterprise services for YOU.

There, under the tutelage and mentorship of executive chef Ricardo Cavaco, and four part-time staffers, four new

trainees every 13 weeks learn how to slice and dice.

They learn how to read a recipe, food preparation techniques, how to assemble a dish and sometimes how to cook. At the front of the house, they learn about customer service, how to run the cash register and make fancy coffees.

The café's also under contract to supply 1,200 to 1,300 meals a week to Meals on Wheels and have two other much smaller meal-supply contracts. Last week they held their main annual fundraiser, a breakfast for 650 at the London Convention Centre.

"The kitchen is always busy," says Holden.

Involvement with YOU is strictly voluntary. The trainees have to apply for their paying jobs and, before they begin, they must get certified in safe

food handling.

But the training is about much more than just food, she says.

"A huge part of what we're training them in is employability skills — how to be punctual, how to be reliable and why, what employers expect."

They work 30 hours a week at the café, but additional time may be spent learning how to write a resumé, do a job search and develop interview skills. Employees may also take general educational development (GED) classes conducted by YOU toward a high-school equivalency certificate.

In return, part of YOU's mandate is to help trainee graduates get jobs in the private sector. Their success rate is more than 80 per cent, Holden says proudly.

THE CANADIAN PRESS

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# Mill Rats sneak past Rainmen

**Home loss.** Gritty Saint John club halts Halifax's three-game win streak



**ANDREW RANKIN**  
andrew.rankin@metronews.ca

In the end the Halifax Rainmen didn't have what it took to seal the victory and a four-game winning streak for the first time this season.

The Rainmen couldn't hold on to a four point cushion with 6:38 left in regulation and fell 91-89 to a scrappier Saint John Mill Rats squad in front of 3,456 fans at the Metro Centre on Sunday afternoon.

In what was a back and forth, tightly contested match-up, Saint John forward Steve DeLuca provided the dagger, nailing a clutch jumper with two seconds on the shot clock to give the visitors a 91-88 lead with 1:14 left in the fourth quarter.

"We just have to find a way to close out better," said Rainmen guard Quincy Okolie, who finished with a bucket and nine rebounds. "We have to close games out with more energy and heart."

His teammate, guard Mel-

## Quoted

"We just have to pull together as a team and come out harder next game. The goal is still a championship."

Rainmen guard Quincy Okolie

vin Goins, agreed.

"We missed some shots down the stretch that we needed," said Goins. "If we're going to win games then we have to hit those shots."

Trailing 55-50 at the half, the Rainmen found their rhythm in the third quarter in putting together an 11-4 run to take a 61-59 lead.

Halifax led by as much as seven points but the Mill Rats were the grittier team outscoring the Rainmen 54-36 in the paint and 25-8 in second chance points.

Rainmen forward Quinell Brown collected a game-high 25 points while Kenny Jones lead the way for Saint John with 20 points and nine rebounds.

With the loss the Rainmen and Mill Rats have identical 16-16 records and sit tied for second in the Atlantic division.



Halifax Rainmen forward Quinell Brown, right, charges past Steve DeLuca of the Saint John Mill Rats on Sunday.

JEFF HARPER/METRO

# Moose cap off perfect weekend in P.E.I.



Mooseheads left-winger Jonathan Drouin, right, tries to free the puck from Rocket centre Yan-Pavel Laplante in Charlottetown on Sunday. CHARLOTTETOWN GUARDIAN

The Halifax Mooseheads finished their three-game weekend with a bang.

Mooseheads forward Jonathan Drouin continued his torrid point streak, posting a goal and two assists to lead the Mooseheads to a 5-2 victory over the P.E.I. Rocket in front of 2,167 fans at the Charlotte-town Civic Centre on Sunday afternoon.

After Metej Beran opened the scoring for the Rocket 4:49 into the first period, the Mooseheads roared back with five straight goals.

Forward Martin Frk got the ball rolling with his 25th goal of the season less than a minute after Beran. Brent Andrews capped the onslaught with six minutes left in the second.

"It was just a really solid weekend," said head coach

## Downed D-men

The Mooseheads were without the services of defence-men Trey Lewis and Brian Lovell Sunday. Both were injured in Saturday's win against Moncton.

- Lewis is day-to-day with a mouth injury while Lovell is expected to miss six weeks with a broken jaw after taking a slash.

Dominique Ducharme, as Halifax also posted home wins Friday over the Shawinigan Cataractes (6-3) and Saturday against the Moncton Wildcats (5-2).

Playing in just his second game of the season, defence-man Brennan Bailey scored

his first QMJHL goal. Bailey is playing due to a depleted Herd blue-line.

"He's such a great kid and teammate who works so hard, it's a great thing," said Ducharme.

The Mooseheads recorded their 46th win of the season Sunday, tying the team record set during the 1998-99 season.

Mooseheads netminder Zach Fucile made 32 saves, breaking the franchise's all-time wins record in the process with 69. Jean-Sebastien Giguere held the previous record.

Drouin's three-point outing extends his point streak to 20 games (19 goals and 23 assists).

Stephen MacAulay had the other goal for the Mooseheads, who return to action Wednesday against the Sea Dogs in Saint John. **ANDREW RANKIN/METRO**

## Curling

### Nova Scotia falls to 0-3 at Scotties

Things are quickly going from bad to worse for Mayflower's Mary-Anne Arseneault at the Scotties Tournament of Hearts in Kingston, Ont.

Kelly Scott and her British Columbia rink pounded Nova Scotia 9-4 in Sunday's evening draw, dropping Arseneault

to 0-3. Arseneault and her rink of third Kim Kelly, second Colleen Jones and lead Jen Baxter also lost to Team Canada 7-6 Sunday morning and are now one of three teams sitting at 0-3.

Ontario, Saskatchewan, Manitoba and Team Canada sit tied for first at 3-0. Nova Scotia plays just once on Monday against Manitoba and skip Jennifer Jones at 3 p.m. **METRO**



Nova Scotia's Mary-Anne Arseneault reacts to her final shot in Sunday's loss to Team Canada in Kingston, Ont. THE CANADIAN PRESS

## AUS hockey

### Huskies, Axemen to face off in semifinal

The Saint Mary's Huskies and Acadia Axemen will do battle in Atlantic University Sport men's semifinal action

Acadia advanced to the semifinals with a 4-3 double-overtime victory against the visiting Moncton Aigles Bleus Sunday night in the

third-and-deciding game of its quarter-final series. Mike Cazzola potted the winner at 1:26 of the second overtime.

Game 1 of the semifinal between Acadia and Saint Mary's goes Wednesday at the Halifax Forum at 7 p.m.

The other semifinal will see the top-ranked New Brunswick Varsity Reds take on the Prince Edward Island Panthers.

**METRO**

4 SPORTS

## NBA all-star game

Paul named MVP  
as West tops East

Kevin Durant scored 30 points, MVP Chris Paul had 20 points and 15 assists, and the Western Conference beat the East 143-138 on Sunday night in the NBA all-star game.

Blake Griffin finished with 19 points and Kobe Bryant blocked LeBron James twice in the final minutes, joining Paul to turn the West's victory into something of an L.A. story.

James scored 19 points but shot only 7 of 18 after having no shooting troubles during the latter part of the season's first half. Carmelo Anthony led the East with 26 points and 12 rebounds.

THE ASSOCIATED PRESS



Team West all star Kevin Durant rises up for a dunk on Sunday in Houston. Durant scored 30 points in the West's win. GETTY IMAGES

## NBA

Raps eyeing 2016  
all-star bid: Sources

The process of staging the NBA's all-star weekend is elaborate and time-consuming and it's impossible for things to happen without a huge amount of lead time.

Three years, in the case of Toronto.

According to several sources, Maple Leaf Sports and the Raptors have already begun the process of submitting an official bid to host the 2016 all-star game to commemorate the 20th anniversary of the franchise.

TORSTAR NEWS SERVICE

## NBA



"This is honestly my first really big dunk contest, so I was nervous."

Toronto Raptors rookie Terrence Ross, who won the NBA all-star dunk contest on Saturday night in Houston.

# Penguins come from behind to best Buffalo

**NHL.** Captain Crosby chips in on three goals to extend point streak vs. Buffalo to 14 games

Sidney Crosby is so prolific that good things happen even when the Pittsburgh Penguins' star isn't attempting to make a play.

That was how Crosby helped the Penguins rally to a 4-3 win over the Buffalo Sabres on Sunday. Crosby finished with a goal and two assists, including setting up defenceman Paul Martin's go-ahead goal with 2:04 remaining.

Accurate as Crosby's pass was in finding an open Martin in the high slot, the Penguins' captain acknowledged he wasn't looking to set up his teammate.

## Crosby

"For whatever reason, I've always been able to put some points up here.... It's great ice here. That's all I can say." Pittsburgh Penguin Sidney Crosby on his success in Buffalo.

## On Sunday

4

Penguins

3

Sabres

"Honestly, the puck was poked off my stick," said Crosby, who had dug the puck out of the corner of the Sabres zone and was attempting to skate into the middle. The Penguins got another break when Martin's shot deflected in off Sabres defenceman Christian Ehrhoff and past goalie Ryan Miller, who was screened.

With 24 points (seven goals and 17 assists), Crosby ranks second in the league following a 10-game surge, in which he has four goals and 14 assists.

## MLB. Pitcher R.A. Dickey throwing fire at Blue Jays spring training camp

Blue Jays knuckleballer R.A. Dickey likes feedback, and he got plenty of it from the batting cage Sunday as Toronto hitters faced live pitching for the first time this spring.

There were sighs, laughs, gasps and some wild swings as last year's National League Cy Young Award-winner worked his magic in a chilly, windy practice session.

"After you throw a good one, it does some funny things, so you get some good reactions," said the 38-year-old Dickey.

Spring training has just started, but the former New York Mets ace is already befuddling batters.

"I think most of the hitters will tell you, they were in there and halfway through their swing I think they were laughing," said pitching coach Pete Walker. "Because they just realized they had no chance today."

"They're just getting into the swing of things themselves as hitters, but he's got tremendous stuff. That ball moves so much and late and he can pound the strike zone with his knuckleball."

At this stage of the pre-season, the pitchers have the edge as batters are only beginning to work on their timing.

"It didn't matter who you faced today, it was going to be tough," said first baseman/



Blue Jays pitcher R.A. Dickey  
THE CANADIAN PRESS

designated hitter Adam Lind.

Dickey had Brett Lawrie talking to himself at the plate as he tried to make sense of the knuckleball, not to mention Dickey's other pitches.

After working him over repeatedly with his 75 miles-per-hour knuckleball, Dickey threw a fastball past the Canadian.

"If a guy has tracked 10 or 11 knuckleballs in a row and then you throw a fastball in there, it's a whole different animal," Dickey said. "It looks a lot harder than it really is, so you can kind of play with the optical illusion from time to time."

The good news for Blue Jays fans is that there is more to come. **THE CANADIAN PRESS**

"I think the speed of the game and the comfort (and) timing and all that is starting to feel a little bit better," Crosby said.

After five seasons in Pittsburgh, coach Dan Bylsma still marvels at Crosby's play.

"It's not ordinary," Bylsma said. "You realize you're watching somebody at a different level. So to say you ever take it for granted, it's absolutely not at all."

Pascal Dupuis had two goals and an assist for Pittsburgh, which won its third straight and improved to 8-2 in its past 10 to move one point ahead of idle New Jersey atop the Eastern Conference standings.

After building a 2-0 lead before the game was 90 seconds old, the Penguins were forced to rally from a 3-2 deficit.

The Sabres, in comparison, had nothing to show for their comeback after giving up two goals in the final 13 minutes.

"Either we're not confident enough or experienced enough with a lead in the third period," Miller said. "That burned us. That's not acceptable."

THE CANADIAN PRESS



Sidney Crosby celebrates the game-winning goal by teammate Paul Martin against the Buffalo Sabres during the third period in Buffalo, Sunday. Pittsburgh won 4-3. GARY WIEPERT/THE ASSOCIATED PRESS

## NBA

## EASTERN CONFERENCE

	W	L	Pct	GB
Miami	36	14	.720	—
New York	32	18	.640	4
Indiana	32	21	.604	5½
Brooklyn	31	22	.585	6½
Chicago	30	22	.577	7
Atlanta	29	22	.569	7½
Boston	28	24	.538	9
Milwaukee	26	25	.510	10½
Philadelphia	22	29	.431	14½
Toronto	21	32	.396	16½
Detroit	21	33	.389	17
Cleveland	16	37	.302	21½
Washington	15	36	.294	21½
Orlando	15	37	.288	22
Charlotte	12	40	.231	25

## WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	42	12	.778	—
Oklahoma City	39	14	.736	2½
L.A. Clippers	39	17	.696	4
Memphis	33	18	.647	7½
Denver	33	21	.611	9
Golden State	30	22	.577	11
Utah	30	24	.556	12
Houston	29	26	.527	13½
Portland	25	28	.472	16½
L.A. Lakers	25	29	.463	17
Dallas	23	29	.442	18
Minnesota	19	31	.380	21
New Orleans	19	34	.358	22½
Sacramento	19	35	.352	23
Phoenix	17	36	.321	24½

Note: division leaders ranked in top three positions regardless of winning percentage.

## Sunday's result

West All-Stars 143 East All-Stars 138

Tuesday's games — All Times Eastern

Toronto at Washington, 7 p.m.

Charlotte at Orlando, 7 p.m.

Memphis at Detroit, 7:30 p.m.

Milwaukee at Brooklyn, 7:30 p.m.

Chicago at New Orleans, 8 p.m.

Boston at Denver, 9 p.m.

Golden State at Utah, 9 p.m.

Phoenix at Portland, 10 p.m.

San Antonio at Sacramento, 10 p.m.

Wednesday's games

Memphis at Toronto, 7 p.m.

New York at Indiana, 7 p.m.

Detroit at Charlotte, 7 p.m.

New Orleans at Cleveland, 8 p.m.

Philadelphia at Minnesota, 8 p.m.

Brooklyn at Milwaukee, 8 p.m.

Oklahoma City at Houston, 8 p.m.

Miami at Atlanta, 8 p.m.

Orlando at Dallas, 8:30 p.m.

Boston at L.A. Lakers, 10:30 p.m.

Phoenix at Golden State, 10:30 p.m.

Miami at Chicago, 8 p.m.

San Antonio at L.A. Clippers, 10:30 p.m.

## NHL

## EASTERN CONFERENCE

ATLANTIC DIVISION	GP	W	L	OL	GF	GA	Pt
Pittsburgh	16	11	5	0	52	38	22
New Jersey	15	9	3	3	41	36	21
NY Rangers	14	8	5	1	38	35	17
NY Islanders	14	6	7	1	45	47	13
Philadelphia	16	6	9	1	38	49	13

## NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	13	9	2	2	37	31	20
Montreal	14	9	4	1	40	34	19
Toronto	15	9	6	0	43	36	18
Ottawa	15	7	6	2	35	30	16
Buffalo	16	6	9	1	46	54	13

## SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	13	8	4	1	41	37	17
Tampa Bay	14	7	6	1	55	45	15
Florida	14	4	6	4	35	53	12
Winnipeg	14	5	8	1	35	46	11
Washington	15	5	9	1	41	51	11

## Saturday's results

Pittsburgh 4 Buffalo 3

Chicago 3 Los Angeles 2

NY Rangers 2 Washington 1

Boston 3 Winnipeg 2

Minnesota 3 Detroit 2

Calgary 4 Dallas 3

St. Louis at Vancouver

Saturday's results

Tampa Bay 6 Florida 5 (OT)

Montreal 4 Philadelphia 1

NY Islanders 5 New Jersey 1

Toronto 3 Ottawa 0

Anaheim 3 Nashville 2 (SO)

Phoenix 5 Columbus 3

Edmonton 6 Colorado 4

Monday's games — All Times Eastern

Ottawa at New Jersey, 1 p.m.

Philadelphia at NY Islanders, 1 p.m.

Nashville at Colorado, 2 p.m.

Carolina at Montreal, 7:30 p.m.

Toronto at Florida, 7:30 p.m.

Calgary at Phoenix, 9 p.m.

Columbus at Anaheim, 10 p.m.

Tuesday's games

Montreal at NY Rangers, 7 p.m.

Winnipeg at Buffalo, 7 p.m.

NY Islanders at Ottawa, 7:30 p.m.

Toronto at Tampa Bay, 7:30 p.m.

San Jose at St. Louis, 8 p.m.

Detroit at Nashville, 8 p.m.

Vancouver at Chicago, 8:30 p.m.

Los Angeles at Edmonton, 10 p.m.

## WESTERN CONFERENCE

CENTRAL DIVISION	GP	W	L	OL	GF	GA	Pt
Chicago	15	12	0	3	51	31	27
Nashville	15	7	3	5	30	29	19
St. Louis	14	8	5	1	48	45	17
Detroit	15	7	6	2	40	44	16
Columbus	15	4	9	2	34	48	10

## NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	13	8	3	2	38	29	18
Minnesota	15	7	6	2	33	38	16
Edmonton	14	6	5	3	35	38	15
Calgary	13	5	5	3	39	47	13
Colorado	13	5	7	1	31	38	11

## PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	14	11	2	1	50	37	23
San Jose	14	7	4	3	37	33	17
Dallas	16	8	7	1	41	43	17
Phoenix	15	7	6	2	40	41	16
Los Angeles	13	5	6	2	30	36	12

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

## SCORING LEADERS

	G	A	Pt
Vanek, Buf	11	12	23
Kane, Chi	9	12	21
Stamkos, TBL	9	12	21
Crosby, Pgt	6	15	21
St. Louis, TBL	4	17	21
Tavares, NYI	11	9	20
Elias, NJ	4	15	19
Zetterberg, Det	5	13	18
Staal, Car	8	9	17
Moulson, NYI	7	10	17
Kunitz, TBL	6	11	17
Ribeiro, Wash	5	12	17
Malchin, Pgt	3	14	17
Clarkson, NJ	10	6	16
Marleau, SJ	10	5	15
Leclaire, TBL	5	10	15
Kovalchuk, NJ	5	10	15
Gagner, Edm	4	11	15
Selanne, Ana	4	11	15
Purcell, TBL	4	11	15
Steen, STL	4	11	15
Hall, Edm	3	12	15
Thornton, SJ	3	12	15
Nash, Pgt	11	3	14
Skinner, Car	7	7	14
Pominville, Buf	6	8	14
Pavelski, SJ	6	8	14
Datsyuk, Det	6	8	14
Duchene, Col	5	9	14
Koivu, Ana	4	10	14
Shattenkirch, STL	1	13	14

Not including last night's games





BY KELLY ANN BUCHANAN

## Horoscopes

### Aries

March 21 - April 20

The Sun's journey through the most sensitive area of your chart over the next few weeks could undermine your confidence a little. But only a little. As an Aries you are seldom down for long – and never out!

### Taurus

April 21 - May 21

Don't sit at home watching the TV this week – get out into the world and make new friends. You are not as set in your ways as some people believe and now would be a good time to prove it.

### Gemini

May 22 - June 21

This is an important week for you as the Sun moves into the career area of your chart. If you want to move up in the world now is the time to do something about it. Don't just think and plan – act!

### Cancer

June 22 - July 23

There are no limits to what you can do but that does not mean you should try to do everything. If you focus on the two or three areas that mean most to you you'll astonish everyone by what you achieve.

### Leo

July 24 - Aug. 23

You may not be happy with what happens over the next 24 hours but there are very good reasons why it is occurring. Maybe you should find out what they are. Your financial wellbeing may depend on it.

### Virgo

Aug. 24 - Sept. 23

The Sun in your opposite sign as from today urges you to think of yourself, not as an individual, but as part of a team. Let partners and colleagues know you are ready and willing to move forward together.

### Libra

Sept. 24 - Oct. 23

Why so much anxiety? The fact is you have precious little to be worried about and if you play your cards right this week you could move ahead in leaps and bounds on the work front. Plan your days well.

### Scorpio

Oct. 24 - Nov. 22

Today's cosmic influences will help you cut loose from ties that no longer inspire you. Creative and artistic matters are also well starred: you could be close to the breakthrough you have been dreaming of.

### Sagittarius

Nov. 23 - Dec. 21

The Sun in the emotional sign of Pisces could see you getting a bit touchy this coming week and you certainly won't be happy with the way a loved one talks to you. Don't overreact though – it's not important.

### Capricorn

Dec. 22 - Jan. 20

If you push too hard or demand too much today you could make an enemy of someone who should really be a friend. The Sun's change of signs makes it easy for you to communicate, so ask nicely – don't insist.

### Aquarius

Jan. 21 - Feb. 19

Try not to worry too much about money. The next few days could bring good news or bad as far as your finances are concerned but either way it's important that you keep things in perspective. Don't react excessively.

### Pisces

Feb. 20 - March 20

This is your time of year, so make the most of it. The Sun's entry into your sign today marks the start of a four week phase when you can and you must believe you are destined to succeed. You are!

SALLY BROMPTON

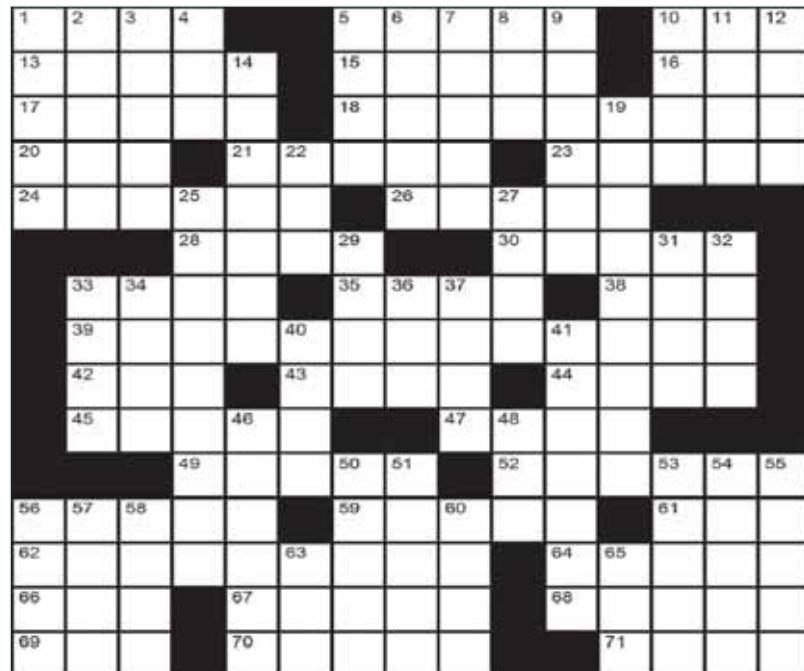
## Crossword: Canada Across and Down

### Across

1. \_\_\_ shirt (Casual top)
5. Ca and Fe, e.g., in chemistry class
10. Juno-winning artist whose new double album is 'Black on Blonde'
13. Toronto-born actor Stephen Amell's adventure series airing on CTV
15. Challenger
16. Lennon's love
17. Egypt's capital
18. Oscar-winning movie Russell Crowe starred in
20. Costa Rica's \_\_\_ Peninsula
21. CTV's "W5" host Mr. Robertson
23. Inclined
24. "Take care of yourself.": 2 wds.
26. Smooth transition
28. Cake's frosting-applier
30. Bright fishies
33. Beige
35. Map's right direction
38. Corp. leader
39. This hit show's theme song is by the Barenaked Ladies, "The \_\_\_"
42. Water: French
43. Legend
44. Those in charge, e.g.
45. Disturbs
47. Stack
49. Workshop items
52. People of the Nass River in BC
56. Mr. Schindler (Liam Neeson role in 1993)
59. Surpass
61. Tear
62. Official residence in Ottawa of the Leader of the Opposition
64. Actress Ms. Birch
66. Race unit
67. Student: French
68. Shock weapon
69. Sounds of dismay
70. Shopping \_\_\_
71. "Hey, there..."

### Down

1. Taylor's 'Twilight' flicks character



2. Delete
3. Solo songs
4. And not
5. Therefore
6. Namesakes of Herman Munster's wife
7. Avoid
8. Angry
9. Make a mistake: 2 wds.
10. Stringed instrument of Japan
11. "\_\_\_, you noblest English." - Shakespeare
12. Hurting
14. Pack's furry new arrival: 2 wds.
19. (416), and others: 2 wds.
22. Cake make, Sara \_\_\_
25. Rock fan's fake-playing instrument: 2 wds.
27. Dressed-in-black rock look
29. Nevada gambling town
31. Man's title in Germany
32. Some beans [var. sp]
33. Celebrity hairstylist Jose
34. "Bye!"
36. Farming, for short
37. Dance move
40. As well
41. Prime Minister Pierre \_\_\_ Trudeau
46. SNL's Canadian creator Mr.

48. Non-affiliated politician, for short
50. Bring down
51. Sophisticated
53. Canadian actor Paul
54. Buenos \_\_\_, Argentina
55. Separated
56. Norway's capital
57. Remain
58. Keystone officers in old comedies
60. Chinook salmon
63. "Naveed" rock gr.
65. Occurrence, poetically

## Friday's Crossword

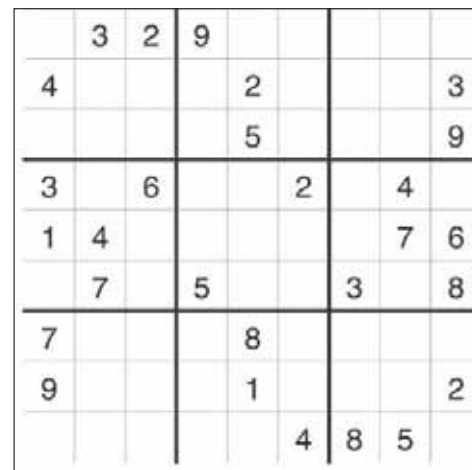


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku



**Today**

**-3°/-7°**

Blowing snow

**Tuesday**

**0°/-2°**

Mainly sunny

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DO-OVER EVENT  
FEBRUARY 22&23**



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+

**\$0**

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ONLY**  
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GET

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WINTER TIRE PKG.

<< **OR** >>

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WARRANTY**

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COMPREHENSIVE LIMITED WARRANTY\*

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PURCHASE**  
OF IN-STOCK  
ACCENT OR  
ELANTRA



GLS model shown

## 2013 ACCENT

OWN IT FOR

**\$77**

BI-WEEKLY

WITH

**\$0**

DOWN PAYMENT



FREE  
WINTER  
TIRE PKG.

OR

FREE 7 \*  
YEAR  
WARRANTY



2012 AJAC BEST NEW  
SMALL CAR (UNDER \$21K)



Limited model shown

## 2013 ELANTRA

OWN IT FOR

**\$88**

BI-WEEKLY

WITH

**\$0**

DOWN PAYMENT



FREE  
WINTER  
TIRE PKG.

OR

FREE 7 \*  
YEAR  
WARRANTY



2012 CANADIAN & NORTH AMERICAN  
CAR OF THE YEAR



SE with Tech. shown

## 2013 ELANTRA GT

OWN IT FOR

**\$99**

BI-WEEKLY

WITH

**\$0**

DOWN PAYMENT



FREE  
WINTER  
TIRE PKG.

OR

FREE 7 \*  
YEAR  
WARRANTY



2013 AJAC BEST NEW  
SMALL CAR (OVER \$21K)



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\*See dealer for details. Cannot be combined with any other offer. Free tires and warranty only available with O'Regan's Financing. Offers available February 22nd & 23rd 2013 only.